

## Tot Programs

### Tot Playgroup

Tot Playgroup is for parents to use the Community Center to workout while their child is in a supervised, structured, playful environment. This program is offered for children ages 1-7 on Monday, Wednesday and Friday mornings from 8:30 - 11:00 a.m. You can pay by the session or per day. The session fee is \$36/resident or \$54/non-resident. The daily fee is \$4/resident or \$6/non-resident.

Session 7	Sept. 14 - Oct. 23
Session 8	Oct. 26 - Dec. 4
Session 9	Dec. 7 - Dec. 23
Session 1	Jan. 4 - Feb. 12, 2010
Session 2	Feb. 15 - March 26
Session 3	March 29 - May 7

### Tumbling for Tots Creative Movement 2 & 3 Dance

Join our most popular tot gymnastics & dance classes. Designed for children ages 3 to 6 years old, 18 months to 3 years and 2 and 3 years old, these Thursday morning classes introduce singing combined with rhythm activities and creativity in conjunction with tumbling. Tumbling for Tots 10:15-11 a.m. \$26/R or \$28/NR (3 to 6 years old)

Creative Movement 11-11:30 a.m. \$22/R or \$24/NR (18 months to 3 years old)

2-3 Dance 11:30 a.m.-Noon \$24/R or \$26/NR

Session 4	Aug. 13 - Sept. 17
Session 5	Sept. 24 - Oct. 29
Session 6	Nov. 5 - Dec. 17
Session 1	Jan. 7 - Feb. 11, 2010
Session 2	Feb. 18 - March 25
Session 3	April 8 - May 13

### Tot Open Gym

Join us at the Community Center every Monday, Wednesday and Friday from 8:30 a.m. to 11:00 a.m. for Tot Open Gym time. We have play mats set up and toys for kids to play on. Designed for kids kindergarten age and younger. All kids must be accompanied and supervised by an adult at all times. Cost is \$1/resident child or \$2/non-resident child. Mom and Dad are FREE. This program does not require registration.



### Wee School Program

● **Wee School:** Ages newborn to 4 years.

Celebrate, commiserate, educate and relate with other parents/caregivers of children in this special age group. This class is designed as a learning and supportive environment for parents, while also providing stimulating age-appropriate activities for the little ones. Participate in songs, creative movement, free play, discussion groups, story time, snacks, and crafts. Learn and grow together. Meets on Tuesdays, 9 a.m. - Noon.

Session 4	Sept. 8 - October 13
Session 5	Oct. 20 - Nov. 24
Session 6	Dec. 1 - Jan. 12, 2010
Session 1	Jan. 19 - Feb. 23
Session 2	March 2 - April 6
Session 3	April 13 - May 18

The cost of each session is \$40/R or \$46/NR  
Each additional child from the same family \$10

### P.A.C.E.

Parent And Child Exercise. P.A.C.E. provides a one-hour total workout for parents and babies...together. This class consists of a warm-up, interval cardio training with a stroller, body toning/resistance training, cool down, mat exercises and stretching along with fun songs and fun for the baby. Please bring a stroller not prone to tipping. Child must remain seated and buckled in the stroller. Classes meet on Monday, Wednesday and Friday at 9:30 a.m.

September 14 - October 23  
October 26 - December 4  
December 7 - December 23  
January 4 - February 12, 2010  
February 15 - March 26  
March 29 - May 7

Monday (only)	\$18/Res. or \$21/Non-Res.
Wednesday (only)	\$18/Res. or \$21/Non-Res.
Friday (only)	\$18/Res. or \$21/Non-Res.